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Advice For The First 5 Years By James Windell, Kristin  
Meekhof**

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with author Kristin Meekhof about her inspiring new book, “A Widow's Guide to Healing: Gentle Support and Advice for the First Five Years.”.

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5:30 PM-7:00 PM, Friends of TDL Monthly Meeting host Kristin Meekhof, author of "A widow's guide to healing: gentle support and advice for the first 5 years".

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The death left me with a longing to understand how widows cope and how they A Widow's Guide to Healing: Gentle Support and Advice for the First 5 Years

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A Widow's Guide to Healing: Gentle Support and Advice for the First 5 Years. Wednesday, June 22, 2016, 07:00pm. Kristin Meekhof, MSW, is a regular

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Kristin Meekhof, author of "A Widow's Guide to Healing: Gentle Support and Advice for the First 5 Years," and Meg Kelleher, licensed clinical

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a partner as explained through her book "A Widow's Guide to Healing: Gentle Support and Advice for the First 5 Years" at the Rochester Hills

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