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Strengthening Your Marriage In An Age Of  
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The NOOK Book (eBook) of the Married to Distraction: Restoring Intimacy and Strengthening Your Marriage in an Age of Interruption by Edward

### **Resources — joseph saah, lmft**

Joseph Saah is a Marriage, Family, and Child Therapist based in Berkeley, CA and is co-founder of The Married to Distraction: Restoring Intimacy and Strengthening Your Marriage in an Age of Interruption, by Edward M. Hallowell, M.D. and

### **Books and other items for people with adhd - add resource center**

One of the best ways to figure out how to manage your own ADHD (and the ADHD of people you relate to) is to read about it. Here is a list Married to Distraction: Restoring Intimacy and Strengthening Your Marriage in an Age of Interruption

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### **Resources for adults — dr. glassman psychological services**

The ADHD Effect on Marriage: Understand and Rebuild Your Relationship in Six Steps (2010) Melissa  
Married to Distraction: How to Restore Intimacy and Strengthen Your Partnership in an Age of Interruption (2011) by Ned Hallowell, M.D..

### **Small problems take big toll on marriages - chicago tribune**

How to keep your marriage from falling victim. Cognitive and Emotional Health and co-author of "Married to Distraction: How to Restore Intimacy and Strengthen Your Partnership in an Age of Interruption" (Ballantine Books).

### **Resources — jacki silber lmft**

Jacki Silber is a Bay Area-based Licensed Marriage & Family Therapist with over 20 years experience in therapy for postpartum Married to Distraction: How to Restore Intimacy and Strengthen Your Partnership in an Age of Interruption.

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Find resources for relationship advice and marriage help on the web from Shela Dean, relationship expert. Married to Distraction: How to Restore Intimacy and Strengthen Your Partnership in an Age of Interruption (Ballantine Books 2011)

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