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Yogic Science With Nutritional Formulas By Mukta
Kaur Khalsa Ph.D**

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Mukta is also the author of works on addictive behavior, including “Meditations for Addictive Behavior: A System of Yogic Science with Nutritional Formulas.

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Speakers: new england summit for clinical excellence: mindfulness

Instead of a gimmicky quick fix, this book offers a formula of the five main factors Dr. Gitlow is the Chair of the AMA Council on Science and Public Health, as well and largest outpatient addiction/behavioral health provider—since 1991. Rachel Sherron facilitates yoga therapy and trauma groups for adult women and

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