

**Ortho-Bionomy: A Practical Manual By Kathy L. Kain,  
Jim Berns**

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### **Massage therapy institute | faculty**

He is co-author with Kathy Kain of the book Ortho-Bionomy A Practical Manual (North Atlantic Books, Berkeley, Ca.) which has sold over 10,000 copies. Jim has

### **About adria - adria zimmerman**

a senior trainer for 12 years in the Somatic Psychotherapy training program based in Sydney, Australia. She is coauthor of Ortho-Bionomy; A Practical Manual.

### **Rev. nina joy rizzo – handsthathearyou**

Since then, Nina has become a Practitioner of Ortho-Bionomy, and is an Advanced Osteopathic Manual Therapist and “Hands-On” Medical Intuit. hours of Ortho-Bionomy studies, Nina Joy also has over 20 years of practical experience.

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the Touch Training for Psychotherapists that she now teaches in the U.S. She co-authored the book Ortho-Bionomy; A Practical Manual (North Atlantic Books).

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fortunate to continue my training in various other modalities (Ortho-Bionomy, Craniosacral). I am part of the Alberta Association of Osteopathic Manual Therapists I have over 4000 hours in theory and over 2000 hours in practical training

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