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I started grappling in 1999 and am currently a black belt in Brazilian Jiu Jitsu. doing a round-the-world trip to train Brazilian Jiu Jitsu in as many places as possible. experience that took me to 56 academies around the globe in 140 days. The stories about Jiu Jitsu politics I heard from people, haunted my mind for long,

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Phil is a third degree Brazilian Jiu-Jitsu black belt under Relson Gracie, and an author. True fear is a gift. The Brazilian Jiu Jitsu Globetrotter: The true story about a frantic, 140 day long, around-the-world trip to train Brazilian Jiu Jitsu. The Brazilian Jiu Jitsu Globetrotter is not only a story about traveling and training in martial arts.

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