

**The Middle Way: Finding Happiness In A World Of  
Extremes By Lou Marinoff PhD**

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Lou Marinoff. The Middle Way: Finding Happiness in a World of Extremes. New York: Sterling, 2007.

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The Middle Way: Finding Happiness in a World of Extremes. New York: Sterling Pub., 2007. 4761. Print. 41 Marinoff, Lou. The Middle Way: Finding Happiness in

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