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Stopping Compulsive Eating By Denise Lamothe**

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Denise Lamothe, PhD, from Exeter, N.H., is a clinical psychologist and author of Taming of the Chew: A Holistic Guide to Stopping Compulsive Eating, who uses

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called The Taming of the Chew: a Holistic. Guide to Stopping Compulsive Eating, which received much critical praise. The book skillfully combines her personal.

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